

Dr. Vikram Kalra

**MBBS; MD (Medicine), Mumbai
DM (Nephrology), AIIMS**

Additional Director
Department of Nephrology and Renal Transplant
Rockland Hospitals

Personal Details

Name : **Dr. Vikram Kalra**

Place of Birth : New Delhi (India)

Nationality : Indian

Qualifications : ***M.B.B.S , 1996***
Lokmanya Tilak Medical College and
General Hospital, Mumbai (Bombay)

M.D. (Gen. Medicine), 1999
Grant Medical College & JJ Hospital, Mumbai

D.M. (Nephrology), 2003
All India Institute of Medical Sciences
New Delhi

Clinic : **Global Medicare Center**
C 10/5, Vasant Vihar,
New Delhi.

Delhi Diabetes Research Center
J 135,Rajouri Garden, New Delhi

Superspeciality Clinic
C5A, 305A
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Present Post Held : **Additional Director**
Nephrologist and Renal Transplant Physician

Rockland Hospitals
Qutab Institutional Area
Dwarka Sector 12

Field of specialisation : Kidney diseases, Hemodialysis, Peritoneal Dialysis,
Renal Transplantation

I have done MBBS (graduation) and MD (post graduation) from Mumbai and DM (superspecialisation) in the field of Nephrology from All India Institute of Medical Sciences, New Delhi (2003), where I have also researched as Senior Research Associate in the Department of Nephrology at AIIMS for a period of 1 ½ years.

My clinical research has mainly been in post renal transplant patients with pulmonary infections and with special interest in the field of cardiorenal syndrome. My academic contribution has been papers in conferences with over 30 publications in national and international journals along with chapter contributions to books. Having been invited to various conferences as a guest speaker and for chairing scientific session, I have had the privilege of having regularly attended continuing education programmes.

Have worked as Senior Consultant at Rockland Hospital from 2005 to 2009 and at the Fortis Group of Hospitals, Vasant Kunj and Escort Heart Institute (2009-2014).

Am currently associated with Rockland Hospitals, as Additional Director in Department of Nephrology and Renal Transplant and head the Department of Nephrology at Kalra Hospital and Mata Chanan Devi Hospital.

With a clinical experience of 14 years, my expertise extends to the field of intervention Nephrology and Renal Transplantation and I am well versed with various procedures like AV Fistula, Shunt surgeries, Temporary and Permanent Catheter Placements for Hemodialysis and Kidney Biopsy.

Clinical Research

1. Spectrum of Pulmonary Infections in Renal transplant recipients
(D.M Nephrology).
2. Effect of intravenous Magnesium Sulphate on thrombolysed patients with myocardial infarction.
(M.D Medicine)

Scientific Publications

Articles and Reviews

1. Patel A, Jayaram S, ND'souza, Jha A, Kumar R, **Kalra V**, Kumar A. Paramenengeal Embryonal Rhabdomyosarcoma in an adult. JAPI 1999; 47(12):1211-1212.
2. **Kalra V**, Agarwal SK, Wani M. Angiotensin and its inhibition: A Nephrologist point of view. Review. Journal of Association Of Physicians of India (JAPI) 2002;50:1270-1280.
3. Agarwal SK, **Kalra V**. Uremic pericarditis. A review. 3rd Congress of Nephrology in Internet.
<http://www.uninet.edu/cin2003/conf/agarwal/agarwal.html>.
4. Wani M, **Kalra V**, Agarwal SK. Low Birth Weight in Renal Disease – Review Article. Journal of the Association of Physicians of India August 2004. Vol 52; 649-52.
5. **Kalra V**, Mahajan S, Kesarwani PK. Rare presentation of Wilson's disease. A case report. International Urology and Nephrology 2004; 36 (2): 289-291.
6. **Kalra V**, Tiwari SC. Cardiovascular Disease after Renal Transplantation. Journal of Renal Sciences 2004; 6(7): 16-19.
7. Tiwari SC, **Kalra V**. Non-steroidal treatment of Nephrotic Syndrome. Journal of Renal Sciences 2004; 6(7): 24-29.

8. **Kalra V**, Agarwal SK, Dinda A, Gupta S, Dash SC, Bhowmik D, Tiwari SC. Fibrosing cholestatic hepatitis in renal transplant recipient with CMV- A case report. *International Urology and Nephrology* Sept 2004; 36 (3): 433-35.
9. Gupta E, Xess I, Dass A, **Kalra V**, Agarwal SK, Banerjee U. Nocardiasis in renal transplant recipients- early recognition can reduce post transplant mortality. *National Journal of Infectious Disease* 2003; Vol 2(4).
10. **Kalra V**, Mahajan S, Agarwal SK, Tiwari SC. Cardiorenal Disease: A clinical intersection. *Int Urol Nephrol*. 2005;37(1):175-84.
11. Mahajan S, Tiwari SC, **Kalra V**, Bhowmik D, Agarwal SK. Factors affecting Peritoneal Dialysis utilization among the ESRD population in India: A single center study. *Perit Dial Int* 2004 Nov-Dec;24(6):538-41.
12. **Kalra V**, Agarwal SK, Khilnani GC, Kapil A, Dar L, Singh UB, Mirdha BR, Xess I, Gupta S, Bhowmik D, Tiwari SC, Dash SC. Spectrum of pulmonary infections in renal transplant recipients in the tropics: A Single Center Study. *Int Urol Nephrol*. 2005;37(3):551-59.
13. Mahajan S, **Kalra V**, Dinda AK, Tiwari SC, Agarwal SK, Bhowmik D, Dash SC. Fibrillary Glomerulonephritis presenting as rapidly progressive renal failure in a young female: A case report. *Int Urol Nephrol*. 2005;37(3):561-4.
14. **Vikram Kalra**, Panchadcharam Harinath. Intimate approach to pathophysiology of renal osteodystrophy – High Turnover Bone Disease. Chapter in ECAB Clinical Update. Disorders of Bone and Mineral metabolism. Editor Prof SC Tiwari.
15. **Vikram Kalra**, Umesh Gupta. Nephrolithiasis. Chapter in ECAB Clinical Update. Disorders of Bone and Mineral metabolism. Editor Prof SC Tiwari
16. Mahajan S, Tiwari SC, **Kalra V**, Bhowmik DM, Agarwal SK, Dash SC, Kumar P. Effect of local mupirocin application on exit-site infection and peritonitis in an Indian peritoneal dialysis population. *Perit Dial Int*. 2005 Sep-Oct;25(5):473-7
17. Mahajan S, Kalra OP, Asit KT, Ahuja G, **Kalra V**. Phagocytic polymorphonuclear function in patients with progressive uremia and the effect of acute hemodialysis. *Ren Fail*. 2005;27(4):357-60.
18. Mahajan S, Mukhiya GK, Singh R, Tiwari SC, **Kalra V**, Guleria S, Agarwal SK, Bhowmik DM, Gupta S, Dash SC Assessing suitability for renal donation: can equations predicting glomerular filtration rate substitute for a reference method in the Indian population? *Nephron Clin Pract*. 2005;101(3):c128-33. Epub 2005 Jul 5.
19. Mahajan S, Mukhiya GK, Singh R, Tiwari SC, **Kalra V**, Bhowmik DM, Gupta S, Agarwal SK, Dash SC. Assessing glomerular filtration rate in healthy Indian adults: a comparison of various prediction equations. *J Nephrol*. 2005 May-Jun;18(3):257-61.

20. Mahajan S, Tiwari SC, **Kalra V**, Masih JA, Bhowmik DM, Bansal R, Agarwal SK. Analysis of depression and its effect on outcome among adult Indian peritoneal dialysis patients. *Perit Dial Int.* 2007 Jan-Feb;27(1):94-6.
21. **Vikram Kalra**, Rahul Grover, SC Tiwari. Essential Hypertension: Pathogenesis and Pathophysiology. Chapter in ECAB Clinical Update: Nephrology. Hypertension and Kidney Disease. Editor SC Tiwari.
22. Anupam Roy, **Vikram Kalra**. Anticoagulation in Hemodialysis. *JIMSA* April-June, 2012. 25 (2):107-109

Abstracts

- 1) Agarwal SK, **Kalra V**, Wani M, Gupta S, Bhowmik D, Tiwari SC, Dash SC. Prevalence of Hepatitis B and C viral infection in Chronic Renal Failure. (abstract). *Indian J nephrol* 2002;12(4):161.
- 2) Mahajan S, Tiwari SC, **Kalra V**, Bhowmik D, Agarwal SK. Factors Affecting the Utilization of PD at a Tertiary Care State Run Hospital in India. *Perit Dial Int* Aug 2004; Vol 24 suppl.2: S74.
- 3) Agarwal SK, Wani M, **Kalra V**, Gupta S, Bhowmik D, Tiwari SC, Dinda A, Dash SC. Ponticelli regimen in idiopathic membranous glomerulopathy – AIIMS experience. *Indian J Nephrol* 2002;12(4):137.
- 4) Wani M, Tiwari SC, Gupta S, Agarwal SK, Bhowmik D, Mahajan S, **Kalra V**. Pretransplant serum C-reactive protein and the risk of acute rejection after renal transplantation. (Abstract). *ISNCON 2003, Vishakhapatnam Dec 5-7; Abstract Book: 68.*
- 5) **Kalra V**, Agarwal SK, Dash SC, Gupta S, Bhowmik D, Tiwari SC, Guleria S, Mehta SN. Spectrum of CMV infection in renal transplant recipients. *ISOT – 2004 XV annual conference Abstract Book, Mumbai. 30th Sept to 2nd October 2004.*
- 6) **Kalra V**, Saxena S, Masih JA, Mahajan S, Gupta S, Bhowmik D, Agarwal SK, Tiwari SC, Dash SC. Study of depression in renal transplant recipients in tertiary care center. *ISOT – 2004 XV annual conference Abstract Book, Mumbai. 30th Sept to 2nd October 2004.*
- 7) Mahajan S, Dinda AK, **Kalra V**, Gupta U, Agarwal SK, Bhowmik D, Tiwari SC, Dash SC. An interesting presentation of Fibrillary Glomerulonephritis in a young female: a case report. *Indian J Nephrol* 2004; 14: 124.
- 8) **Kalra V**, Agarwal SK, Khilnani GC, Kapil A, Dar L, Singh UB, Mirdha BR, Xess I, Mahajan S, Gupta S, Bhowmik D, Tiwari SC, Dash SC. Bronchoalveolar lavage and spectrum of pulmonary infections in renal transplant recipients: a single center study. *Indian J Nephrol* 2004; 14:147-8.

- 9) Agarwal SK, **Kalra V**, Dash SC, Gupta S, Tiwari SC, Bhowmik D, Mahajan S. Comparison of outcome of renal transplant recipient with hepatitis B infection on two different immunosuppressant protocol. Indian J Nephrol 2004; 14:144.
- 10) Agarwal SK, **Kalra V**, Tiwari SC, Dash SC. Significance of Mantoux test for the diagnosis of latent tuberculosis infection during renal replacement therapy. Indian J Nephrol 2004; 14:137.
- 11) Gulshan MK, Mahajan S, Tiwari SC, **Kalra V**, Gupta S, Bhowmik D, Agarwal SK, Dash SC. A Comparison of prediction equations for estimating Glomerular Filtration Rate in Indian healthy kidney donors without kidney disease. Indian J Nephrol 2004; 14: 121-2.

Presentations

1. Atypical presentation of CMV Pneumonia in renal transplant recipient. A Case presentation. Nephrology Update 2002 and Annual Conference Delhi Nephrology Society, Army hospital, 14-15 Sept 2002.
2. Prevalence of Hepatitis B and C viral infections in Chronic Renal Failure. Poster presentation at XXXIII annual conference of Indian society of nephrology, Jaipur, November 2002.
3. Homozygous Familial hypercholesterolemia with systemic amyloidosis. A case presentation at CCR, AIIMS.
4. Mahajan S, Tiwari SC, **Kalra V**, Bhowmik D, Agarwal SK. Factors affecting the utilization of PD at a tertiary care state run hospital in India. (Poster) at the First ISPD-EUROPD Amsterdam August 2004.
5. **Kalra V**, Agarwal SK, Dash SC, Gupta S, Bhowmik D, Tiwari SC, Guleria S, Mehta SN. Spectrum of CMV infection in renal transplant recipients. (Poster) ISOT – 2004 XV annual conference Abstract Book, Mumbai. 30th Sept to 2nd October 2004.
6. **Kalra V**, Saxena S, Masih JA, Mahajan S, Gupta S, Bhowmik D, Agarwal SK, Tiwari SC, Dash SC. Study of depression in renal transplant recipients in tertiary care center. (Poster) ISOT – 2004 XV annual conference (Poster), Mumbai. 30th Sept to 2nd October 2004.
7. **Kalra V**, Agarwal SK, Khilnani GC, Kapil A, Dar L, Singh UB, Mirdha BR, Xess I, Mahajan S, Gupta S, Bhowmik D, Tiwari SC, Dash SC. Bronchoalveolar lavage and spectrum of pulmonary infections in renal transplant recipients: a single center study. Oral Paper. ISNCON 2004, 18th – 20th Nov, Varanasi.

Guest lectures

1. Overview of Kidney Disease. Presented at Education Programme for Kidney Patients at AIIMS in September 2002.
2. Management and prevention of Diabetes. Lecture delivered in Annual Medical CME, Moradabad 8th Feb, 2004.
3. Management of Diabetic Nephropathy. Lecture delivered at IMA South Delhi conference 2008.
4. Recent advances in the management of anemia in CKD. Annual conference IMA Westown at Punjabi Bagh Club, 2009.
5. Management of calcium and phosphorous in CKD. Lecture delivered at DMA annual conference 13th sept, 2009.
6. PCKD- cyst regression. Lecture delivered at NZ ISN Jalandhar 2011.
7. Statins and CKD- Physicians Perspective. Lecture delivered at Rosuvas Lipid Academia March 2012. Gurgaon, Haryana.
8. Initial Modality of RRT- Intermittent Hemodialysis. Panel Discussion. Indian Society of Nephrology. Regional Meeting North Zone. New Delhi 2012.
9. Vascular Access in Elderly Population. Annual conference of Indian Society of Hemodialysis 2013 (ISHDCON 2013), at Bhubaneshwar, Orissa.

Sessions Chaired

- e-GFR significance in clinical practice and Nephro-protection-Key strategies. XXII Annual CME of API Delhi State Chapter. Nov, 2011.
- Single dose MMF & Tac –Evidence. at DNS Annual Conference 8th April, 2012. IHC, Delhi
- Nutritional Management of AKI. First Renal Nutrition Update on 14th October, 2012 at Indraprastha Apollo Hospital, New Delhi.
- 2nd Annual Conference Indian Association of Dialysis Technology, Nov, 2012, Delhi.
- Water Quality and Importance of Dry Weight in Hemodialysis. Annual conference of Indian Society of Hemodialysis 2013 (ISHDCON 2013), at Bhubaneshwar, Orissa.

- Systemic risk factors in AV Fistula Failure. Vascular Access Symposia on 16 th June 2013 at Oberoi Hotel, Delhi

Affiliations

1. Member of Indian Society of Nephrology
2. Member of Indian Society of Organ Transplantation
3. Member of Indian Society of Hemodialysis
4. Member of Delhi Nephrology Society
5. Member of Delhi Medical Council
6. Member of Association of Physicians of India